RENO MUNICIPAL COURT MISDEMEANOR CO-OCCURRING MENTAL HEALTH AND SUBSTANCE ABUSE DISORDER SPECIALTY COURT (COD) RECOVERY PHASE SYSTEM

2015

A Year of Recovery...

at Reno Municipal Court

Orentation, Phase Stabilization & **Treatment**

Committing to Recovery & Lifestyle CHange

Building Support, Planning for the Future, Maintainiung Sobrity & **AFtercare**

EXIT CRITERIA

- 1. Attending treatment regularly for 6 weeks with no missed sessions.
- 2. Attending 5 self-help meetings per week and seeking a sponsor.
- 3. Met with psychiatrist, taking medication, if needed.
- 4. No use of disallowed substances.
- 5. Compliance with downloads of electronic monitor and/or drug/alcohol testing.
- 6. Compliance with probation conditions. No missed court reviews.
- 7. Complete Exit Request Form for 8. Relationships with family, others improved Phase 2.

- 1. Actively engaged in treatment (No instances of "no call/no show.")
- 2. Clinician endorses that client demonstrates an understanding of the basis of client's addiction and mental health issues.
- 3. Attending self-help groups (5 weekly or as ordered); sponsor obtained; actively involved in self-help.
- 4. Continued compliance with psychiatric treatment & medication, if needed.
- 5. Community service concluded.
- 6. Setting boundaries with substance abusing peers and partner; and, if necessary, made constructive changes in housing to achieve drug/alcohol free environment.
- 7. Demonstrating appropriate daily living skills, interpersonal skills and leisure activities.
- or re-established.
- 9. Maintaining sobriety.
- 10. Full compliance with probation conditions. No unexcused court absences.
- 11. Complete Essay for Request to move to Phase 3.

- 1. Full compliance with treatment and supervision.
- Treatment completed. Handled all appointments responsibly. (No instances of "no call/no show.")
- 3. Continuing self-help. Implementing plan for employment, training, education or living activities.
- Maintaining appropriate daily activities, life skills, interpersonal skills and leisure activities.
- 5. Community service and all other conditions are completed.
- 6. Completed a written relapse prevention and aftercare plan approved by counselors and presented to Team members.
- 7. 100% negative drug/alcohol tests.
- 8. All court fines/fees and other charges paid in full.